

# PLEASURES OF CAMPING ENHANCED BY TAKING PROPER PRECAUTIONS

## OLD WOODSMAN TELLS AMATEURS NATURE'S SECRETS

City People Cautioned Against Little Things That May Spoil Vacation.

### KICKS RECALLED

Only Experience Teaches How To Get Most From Open Air.

All along the river summer winds waft fragrance of hay new-mown.

In Virginia hills the birds are singing. Soft clouds float in seas of azure. Whippoorwills call to the Man in the Moon as twilight comes.

Everywhere the wilds call the tired city man to a camp in the open. Yet, if he is inexperienced in the ways of untraversed places, he is liable to experience such discomforts that all the pleasure will be lost.

Of course, these don'ts will sound superficial to the man or woman who goes camping every summer. They might pass for parlor chatter to boys who used to pitch pup tents in the mud back in the land of mammoths and cognac.

But they are made by a man who has suffered much from the walls of amateur campers who vow they never will stray from the street again, even if the birds sang a million times sweeter and the stars sparkled a million times brighter.

In the first place, don't overload with superfluities. Even if you go into camp by wagon, go light. If you go on foot, go lighter.

### Use Good Sense.

Don't forget that most camping parties are overloaded with superfluities. Use common sense and have your outfit fit the trip. Even if you go into camp by wagon, go light. If on foot, go lighter.

Don't be too strenuous and push activity to the point of exhaustion and fatigue.

Don't eat too much. Don't eat at all when exhausted or overheated; wait until rested and cooled. Don't go bathing right after a heavy meal.

Don't take "stabiles" into the camp in glass bottles. Fry-up tin cans are handy and will not break. Things with square corners are nuisances; avoid them as far as possible.

Don't forget your handy bag, containing needles and thread, beeswax, buttons, pliers, surgeon's plaster, etc.

Don't carry a belt knife that will fall out of the sheath when the sheath is upside down, or you are sure to lose it.

Don't sleep on the bare ground.

Don't let the camp get dirty and breed a plague of flies. Don't neglect to burn all the garbage that can be burned and to bury what you can't burn.

Don't neglect to wet your hand before handling a small trout that is to be thrown back in the water. Your dry hand will break the thin coat of slime on him and infect him so that he will finally die.

### Two Fires Needed.

Don't carry an excessive watch into the woods. Nothing will happen to a cheap one.

Don't try to do your cooking over a camp fire. Have a camp fire and a cooking fire. The camp fire is a big blazing fire for jollity and warmth; the cooking fire is a small fire of live coals for cooking only.

Don't try to use soldered tin dishes over an open fire in camp; the solder will melt. Any tiny dish that is used should be stamped from block tin and the handles should be fastened on with rivets.

Don't let things in the tent touch the canvas. If you do, your tent will leak in torrents at the points of contact. The ground under a tent should be a little higher than the ground outside. Dig a shallow trench at the back and sides to carry off the water in a heavy rain. If a fly can be carried, it is well worth while; it keeps the tent cool in hot weather and keeps it dry in wet weather.

Don't pass by a good camping place in the afternoon on the chance of finding one an hour or so later. Time usually isn't too pressing in the woods that you must keep tramping till too late to make a satisfactory camp on account of darkness.

Don't leave at home your toothbrush and other toilet articles. Don't neglect your teeth and hands just because you are in the wilds. Don't undertake to carry money in the woods as you would at home. It is best to wrap it in oil silk and carry it in an inner pocket that buttons.

### Don't Neglect Feet.

Don't start out on an outing with a pair of new shoes not yet broken in. Don't forget that a change of footwear is a luxury.

Don't forget that a man can get so sunburned in one day that he may have to pass the next day in bed.

Don't go into a wilderness camp without a compass, a knife, matches in a waterproof safe, and a line and hooks.

Don't forget, if you wear glasses, to take an extra pair. Spectacles are better than eyeglasses. Amber glasses are better than smoked glasses to shade the eyes, and goggles are useful to protect your eyes from dust and wind.

Don't drink water every time you come to it. Rinse out your mouth and take a swallow. Drink freely only when you know the water is good.

Don't be a hog. Don't take more fish than you can use.

Don't wantonly deface the fair face of nature.

Don't try to run a camp without a definite division of work and responsibility. Thus, one man may be cook, another woodchopper, etc. It is easy to change about for variety—provided always there is a second cook.

Eat but little in mountain climbing.

Take Medicine Kit.

Don't forget your personal and private medicine chest containing simple remedies that your doctor will suggest. Changes in water, food and habits are likely to upset your system more or less. Include a spoonful of surgeon's plaster; its use range from a sore heel to a hole in a boat.

## THREE BATHING BEACH STARS

BLANCHE PEARSON

BLANCHE PEARSON

DOROTHY COLE

CATHERINE BROWNE

A trio of Washington's fair daughters who are frequently seen during the summer months at the Tidal Basin bathing beach.

Miss Pearson, who is pictured above, is a member of the Washington Amateur Swimming club and is considered an expert swimmer. Her name has been mentioned to take part in the swimming events at the next Olympic games.

During the war Miss Pearson served overseas as a nurse.

Miss Browne and Miss Cole are also considered able swimmers and it is likely that they will take part in the swimming meet that will be held at the bathing beach later in the summer.

## EXCELLENT FISHING ATTRACTS ANGLERS

Several Parties on River Report Plenty of Rock and Hardhead.

With the receipt of a report that rockfish were running at Rock Point local anglers centered their activities on that point during the past week, and as the result returned to the city with fine strings. Large catches have also been made at Chesapeake and Colonial beaches.

Capt. Rudolph Simms, of Rock Point, caused hundreds of anglers to turn green with envy last week when he caught a sturgeon in a trap net weighing nearly 200 pounds.

Reports have it that rockfish are running at Fletcher's boat house, above Georgetown, and John W. Hurley tried his luck at that point a few days ago and succeeded in getting five on his string.

### Fishing Parties Busy.

Several fishing parties were on the "fishing line" at various places last Sunday, but a northeast wind put a crimp in the day's sport. The river is clear at present, and from present indications today should be a banner day for devotees of the hook and line.

Dr. William C. Whitson had several guests last week at "Essex," his home on Herring bay. A fishing trip was suggested, and the party set out. When the party decided to "call it a day," the catch of the entire party consisted of one hardhead.

Persons who have been using nets to catch fish in Four-Mile run and Gravelly creek on the Virginia side of the Potomac are under the impression that "the world's all wrong," for notice has been served on them that the nets must be taken down.

Notice was served by police of the Harbor precinct, under Lieut. Russell Dean, and came as the result of an opinion rendered a few days ago by the corporation counsel's office fixing the extent to which the District's jurisdiction goes on the Virginia coast line of the river.

Under the ruling, the nets would be a violation of the local police regulation against fishing with nets in the Potomac.

Hunt for Turtles.

Friends of Capt. W. T. Reynolds are looking forward to the captain's annual bass trip up the canal, which will be made shortly. Whenever Reynolds takes his annual trip he forgets bass fishing for a while and goes frogging, usually bagging about two or three bushels of frogs as well as several turtles.

Members of the party working on the murder at White's station turned their attention from hunting clues to bagging turtles a few days ago.

With the arrest of a negro, the officers learned that the revolver alleged to have been used in the

## murder had been thrown in a creek near the scene of the crime.

The officers went to the pond intent on finding the revolver, but after working a short while they found that the pond did not reveal the revolver but did reveal several large snapping turtles. Needless to say several members of the searching party had turtle soup for several evenings following the search.

Under favorable conditions, local anglers should return to their homes tonight with several rockfish and hardheads as the result of their day on the river. Persons who find it inconvenient to travel out of town will find good fishing at the "Point" in Potomac park as well as above Georgetown.

## LAKE IN FOREST OF UNKNOWN DEPTH

Among the interesting scenic features of the Cochetopa forest are the fantastic-shaped rocks on the Creed trail, known as Twin peaks; the Chimney rocks, height 125 feet, on Los Pinos creek; the canon and falls on Sagache creek, reached by trail; and Baldy lake on the head of Long Branch creek, which covers an area of fifteen acres and of unknown depth.

## COLORADO FOREST ATTRACTS FISHERS

The fishing in the streams and lakes of the Sopris National forest is unexcelled in Colorado. Within its boundaries are some 400 miles of rivers and creeks well stocked with trout. Hundreds of anglers visit the region each summer, and to keep the fishing good the forest service, in co-operation with state officials, has been "planting" approximately 500,000 trout fry each year.

## SUMMER RESORTS in EASTERN VIRGINIA

Ocean View Virginia Beach Buckroe Beach Willoughby Beach Cape Henry

UNEXCELLED BOATING, BATHING, FISHING, HOTELS and COTTAGES DELIGHTFUL

WEEK-END TRIPS Modern Palace Steamers Leaving Washington Daily, 9:30 p.m., Seventh Street Wharf S. W.

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## Childhood Picnic In Shaded Woods Was Outdoors Call

You older people, don't you hear the call of the out-of-doors, and doesn't your thoughts turn back to the picnics of your early teens?

That was the time when the boys got together and hired the village band wagon, drawn by four horses. The girls looked after the lunches, and there were baskets filled with cold chicken, hard-boiled eggs, cold ham, preserves and jellies, including the clingstone peach preserves with a clove stuck in each, and a dozen cakes and many cookies. There was also lemons for the lemonade.

And at the grounds—the swings and hammocks were put up and the

## Race After Prizes Sent De Palma Out Of Big Auto Grind

No cry of "hard luck" can be raised over the failure of Ralph de Palma to finish the ninth international sweepstakes run over the Indianapolis speedway on Memorial day. The popular driver had a choice of making a pace at the average for the track so as to save his car and try for the \$20,000 first prize, or secure in the knowledge that he had the fastest car on the track, go after the \$15,000 lap prizes. He decided upon the latter course and sent his Goodyear-equipped Ballot around the brick oval at an unheard-of average speed of 93.66 miles per hour at the end of 23.5 miles. He earned \$10,650 in lap prizes—equivalent to second prize—before his car went out on the 280th mile because of a broken crank shaft.

wickets set for croquet—and everybody was laughing and talking at once.

Wasn't it a glorious day? And the ride home in the cool of the evening, laughing and singing and bit of shy and shy hand squeezing—and the good-night shouts. That was the call of out-of-doors in your childhood.

## TIDAL BASIN BEACH FACILITIES READY FOR ALL COMERS

Locker Capacity Greater; Usual Beauty Parade Announced.

With the inauguration of the Saturday half holidays in the government departments, officials at the tidal basin bathing beach are making preparations to handle the large crowds who are expected to be in attendance during the remainder of the summer.

Attendance records last year were such that several improvements have been made at the basin. Probably the most outstanding change was the enlarging of locker facilities, accommodating several hundred more bathers than were provided for last year.

Although the bathing beach has been opened only two weeks, the attendance so far promises to eclipse all previous records. An especially heavy attendance is noted on Saturday and Sunday afternoons.

Series of Swimming Events. Plans are being made by the Leach brothers, managers of the bathing beach, for a series of swimming events, as well as a beauty parade, which has been a yearly feature.

The beauty parade planned for this year will be "greater and grander" than ever. Prizes will be awarded for the prettiest bathing girl as well as for the most attractive bathing suit.

The Adonis who parades F street during the week and hires himself to the bathing beach on Saturdays and Sundays has not been overlooked, for, like last year, a male beauty contest is contemplated.

Contests for Amateurs. Diving contests and distance swimming events are also being planned, in which some of the best local amateur swimmers have already signified their intentions of entering.

It has been announced that boys under 16 years old who are employed during the week may take a "dip" at the beach on Saturdays and Sundays if they produce letters from their employers.

From present indications the bathing beach will enjoy a most successful season, and with the advent of real warm weather all roads will lead to the tidal basin.

## CANOE CLUB BUYS CAMP ON POTOMAC

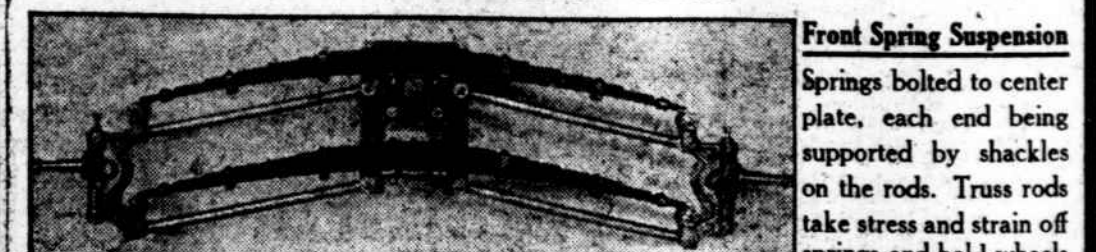
Members Look Forward to Week-End and Midweek Parties Soon.

Roaring Camp is the new shack of the Washington Canoe Club. Sheltered by a grove of stately trees, the objective of the Potomac's breeze, it is expected to form one of the coolest, most convenient and clearest up-the-river places yet secured. Week-end and mid-week parties will take place there, and Washington Canoe clubbers are looking forward to the first affair.

The place was purchased, during the week by the executive board of the club, and besides a new plot has been bought for a permanent clubhouse. Fred Bamman is in charge of the parties and the expense accounts.

Plans about the club are continuing to increase as the warmer winds settle around Georgetown and the bridge. The apex of the season will be at the club in a few weeks, when racing and swimming meets will be in order. The regatta last Sunday was a close one, with Bud Havens, Kelly Pardoe, P. Walton, Burch and Rutherford, Main, Kreisher and Tarter, Miss Smith and H. T. Knight, Jr., Nolte and Pardoe, Main, Kreisher, Nolte and E. Smith the winners in their respective events.

## THE BIRMINGHAM NO-AXLE CAR



Front Spring Suspension Springs bolted to center plate, each end being supported by shackles on the rods. Truss rods take stress and strain off springs and hold wheels

in vertical position at all times. Flexing of springs permit each wheel to absorb shocks of road with practically no effect on car or passengers in car. Steering arrangement is standard as on any car.

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This revolutionary improvement in car construction, engineered and developed to the highest state of perfection by master minds in the automotive industry, is exciting the interest of the entire automotive world.

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## Camping With Motor and Long Call Of Wild Roads Appeals to Instinct For Gypsy Life in Hearts of Men

To be "as happy as a tramp" has always signified a happy-go-lucky life that comes from contact with the great outdoors and from wandering along the open road wherever your desires may lead. Many people never have had the opportunity to experience it. They do not know the pleasure of the traveler who pitches his tent by night on any spot that suits his fancy. Now everyone who possesses a motor can have a moving caravan of his own and for as long as he is in the mood to be a carefree gypsy.

It is an easy matter to take along your own hotel and set it up by the roadside when night overtakes you. The motor-car has become a gasoline caravan. Time and space are at your call. Your freedom is absolute and the expense is less than living at home.

The motor-camping method of touring is the newest and oldest pastime in the world. Although people wonder at its miraculous growth during the past year or so, this growth is not surprising for upon one of the oldest instincts of man—the gypsy call to the open road and the gypsy way of traveling.

In regard to expense, it is safe to state that anyone who can afford a car and a vacation trip, can likewise afford a motor-camping trip. There is no way of traveling whereby one can cover so great a distance and see such a variety of country in so short a time and for so little money.

The equipment of the gasoline caravan is a real but very definite problem. If possible it should be solved completely before the trip is commenced for the different articles cost more along the road and you will have no choice.

The need for articles overlooked, clumsy packing, unequal distribution of weight, these and a dozen other annoyances are continually cropping up, but if planned at the start will greatly enhance the joy of the trip. One goes camping to have fun, not to be annoyed. The average motor-camper is not a backwoodsman who, when night overtakes him, sometimes curls up under a tree and falls off to sleep. Roughing it is not at all necessary with all the new inventions for compact and convenient camping equipment at the beck and call of the modern gypsy.

The motor-camper can, by taking proper thought, make himself as comfortable as he would be in his own home.



## American Passenger Services

When you are going to travel by water this summer or fall book your passage via ships that sail under the American flag. They are fast and luxurious, sailing to all parts of the world. These ships are the symbol of perfect comfort at sea.

Express service on our combination of passenger and freight ships insures travelers of every convenience and comfort while on the high seas.

Key number in parentheses following ship's name indicates name and telephone of steamship company in list at bottom of this column.

Europe

Quebec, London, London

From New York

June 23—Pan. State (159)  
July 12—Old N. State (159)  
July 23—Susquehanna (159)  
July 24—Old N. State (159)  
Sept. 6—Pan. State (159)  
Sept. 20—Old N. State (159)

From San Francisco

July 23—Empire S. (105)  
July 30—Keystone S. (1)

From San Francisco

July 14—Granite S. (105)

From San Francisco

July 14—Granite S. (105)

From San Francisco

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